

I Mina Trentai Tres Na Liheslaturan Guåhan
Resolutions Log Sheet

Resolution No.	Sponsor	Title	Date Intro	Date of Presentation	Date Referred	Committee / Ofc Referred	PUBLIC HEARING DATE	DATE COMMITTEE REPORT FILED	Date Adopted
459-33 (COR)	FRANK B. AGUON, JR.	Relative to recognizing and commending Ray Chargualaf Jr. of <i>HÁTSA</i> Guam for creating a Revolutionary Fitness Movement within our community; and to further extending <i>Un Dångkolo Na Si Yu'os Ma'åse'</i> to him for sharing his knowledge and experience in fitness and working for real change and progress in our people's health and well-being toward a healthier Guam.	09/16/16 3:59 p.m.	09/26/16 5:00 p.m.					09/23/16

I MINA'TRENTAI TRES NA LIHESLATURAN GUÅHAN
2016 (SECOND) Regular Session

Resolution No. 459-33 (COR)

Introduced by:

FRANK B. AGUON, JR.

R. J. Respicio

T. C. Ada

V. Anthony Ada

Frank F. Blas, Jr.

B. J.F. Cruz

James V. Espaldon

Brant T. McCreddie

Tommy Morrison

T. R. Muña Barnes

Dennis G. Rodriguez, Jr.

Michael F.Q. San Nicolas

Mary Camacho Torres

N. B. Underwood, Ph.D.

Judith T. Won Pat, Ed.D.

Relative to recognizing and commending Ray Chargualaf Jr. of *HÅTSA* Guam for creating a Revolutionary Fitness Movement within our community; and to further extending *Un Dångkolo Na Si Yu'os Ma'åse'* to him for sharing his knowledge and experience in fitness and working for real change and progress in our people's health and well-being toward a healthier Guam.

1 **BE IT RESOLVED BY THE COMMITTEE ON RULES OF I**

2 ***MINA'TRENTAI TRES NA LIHESLATURAN GUÅHAN:***

3 **WHEREAS, Ray Chargualaf Jr. is the son of Ray and Lillian Chargualaf; and**

4 **he was born and raised in the beautiful southern village of *Inarajan*. He is married to**

1 Deidre Chargualaf, who is originally from Apia, Samoa; and they are blessed with two
2 (2) wonderful daughters, Malia Analei and Measina Ha'ane; and

3 **WHEREAS**, Ray attended the University of Nevada, Las Vegas, where he
4 studied Kinesiology and Physical Education, as well as Sports Education and
5 Leadership; and

6 **WHEREAS**, after college, from August 2011 to December 2015, Ray was
7 employed at Revolution–Fitness Evolved in Las Vegas, Nevada, where he was tasked
8 with overseeing the day-to-day operations and managing a team of twelve (12)
9 employees; and

10 **WHEREAS**, throughout the years, Ray worked as an Athletic Trainer for
11 athletes of the National Football League (NFL) and Major League Baseball (MLB), as
12 well as the Ultimate Fighting Championship (UFC); and he was a Celebrity Trainer
13 for numerous professional musicians; and

14 **WHEREAS**, Ray also was a strengthening and conditioning coach for the
15 Junior USA Rugby team; and was a trainer for four (4) contestants on the popular
16 NBC show, “The Biggest Loser”; and

17 **WHEREAS**, in February 2016, Ray became the Director of Corporate
18 Wellness Fitness at Paradise Fitness in *Hagåtña*. While working in that capacity, he
19 launched three (3) rewarding programs in five (5) months: the Paradise Performance;
20 the Eight (8) Week Transformation; and the Small Group Training. He has mentored
21 other trainers and developed the personal training department to exceed its monthly
22 goals by two hundred percent (200%) from its 2015 gross revenue; and

23 **WHEREAS**, throughout his career, Ray had received an award in 2014 from
24 racked.com as “Las Vegas’ Hottest Trainer”; he received a monthly stipend to market
25 products from Xyience Sponsored Athlete, in Las Vegas, Nevada; he has organized
26 and raised over Twenty-five Thousand Dollars (\$25,000) for Funds For Families (3F);

1 and he is also a contributing writer of a bi-monthly column on health, nutrition and
2 wellness for the Pacific Daily News; and

3 **WHEREAS**, in August 2016, Ray implemented a fitness program that is
4 designed to “Help All Types, Sizes, and Ages,” known as “*HÅTSA*”, which is a
5 program created to help people in our local community who struggle with various
6 debilitating health conditions that could have been avoided. He saw this as an
7 opportunity to help people who lacked a sense of direction or were too intimidated to
8 work out in a typical gym. With his experience and education, he decided to develop
9 this revolutionary program designed to literally help anyone with a heartbeat. That is
10 where his concept came about: Helping All Types, Sizes, and Ages: “*HÅTSA*”; and

11 **WHEREAS**, Ray’s long-term vision coincides with his one thousand (1,000)
12 pound challenge to continuously serve as many participants in our community until
13 one thousand (1,000) pounds are lost. He will then increase the health challenges and
14 goals until Guam is no longer associated with high blood pressure, diabetes, and other
15 cardiovascular risk factors; and

16 **WHEREAS**, Ray has also started a community service project called #Keep
17 Guam Beautiful (KGB), a project that gives back to the local community. There are
18 designated one (1) to two (2) weekends a month where the group goes out into the
19 villages picking up trash, water blasting public areas, cutting grass, and volunteering
20 to feed the homeless; and

21 **WHEREAS**, after being away from home for fifteen (15) years, Ray’s personal
22 goal is to give back to the community that helped to raise him. He is now in the
23 process of trying to build a strong following to help fund a modern fitness and
24 wellness facility that Guam desperately needs. With this facility, he is confident that it
25 will make an impact to show real change and progress in our local community’s health
26 and well-being; now therefore, be it

1 **RESOLVED**, that the Committee on Rules of *I Mina'Trentai Tres Na*
2 *Liheslaturan Guåhan* does hereby, on behalf of *I Liheslaturan Guåhan* and the people
3 of Guam, recognize and commend Ray Chargualaf Jr. of *HÅTSA* Guam for creating a
4 Revolutionary Fitness Movement within our community; and does further extend *Un*
5 *Dångkolo Na Si Yu'os Ma'åse'* to him for sharing his knowledge and experience in
6 fitness and working for real change and progress in our people's health and well-being
7 toward a healthier Guam; and be it further

8 **RESOLVED**, that the Speaker and the Chairperson of the Committee on Rules
9 certify, and the Legislative Secretary attest to, the adoption hereof, and that copies of
10 the same be thereafter transmitted to Mr. Ray Chargualaf Jr. of *HÅTSA* Guam; and to
11 the Honorable Edward J.B. Calvo, *I Maga'låhen Guåhan*.

**DULY AND REGULARLY ADOPTED BY THE COMMITTEE ON RULES OF
I MINA'TRENTAI TRES NA LIHESLATURAN GUÅHAN ON THE 23RD DAY
OF SEPTEMBER 2016.**



JUDITH T. WON PAT, Ed.D.
Speaker



THOMAS C. ADA
Acting Chairperson, Committee on Rules



TINA ROSE MUÑA BARNES
Legislative Secretary



COMMITTEE ON RULES

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COMMITTEE VOTING SHEET

Resolution No. 459-33 (COR) FRANK B. AGUON, JR. - "Relative to recognizing and commending Ray Chargualaf Jr. of HÁTSA Guam for creating a Revolutionary Fitness Movement within our community; and to further extending *Un Dangkolo Na Si Yu'os Ma'åse'* to him for sharing his knowledge and experience in fitness and working for real change and progress in our people's health and well-being toward a healthier Guam."

	SIGNATURE	DATE	TO ADOPT	TO NOT ADOPT	TO ABSTAIN
Senator Rory J. Respicio Chairperson					
Senator Thomas C. Ada Vice-Chairperson					
Speaker Judith T. Won Pat, Ed.D. Member					
Vice-Speaker Benjamin J.F. Cruz Member	EVote	9-23-16	✓		
Legislative Secretary Tina Rose Muña Barnes Member	EVote	9-26-16	✓		
Senator Frank B. Aguon, Jr. Member	John		✓		
Senator Dennis G. Rodriguez, Jr. Member	EVote	9-23-16	✓		
Senator Michael F.Q. San Nicolas Member	EVote	9-23-16	✓		
Senator Nerissa B. Underwood, Ph.D. Member					
Senator V. Anthony Ada Minority Leader	EVote	9-23-16	✓		
Senator Mary Camacho Torres Minority Member	EVote	9-26-16	✓		

2016 SEP 26 AM 11:00

For Sponsor's Office Use Only

Sponsor Signature: _____
 Staff Contact Person: Tricia Shaver

For COR/Clerk's Office Use Only

7 Certified _____ Returned _____
 Name: William M. Thero
 Date: 9/26/16
 Notes: _____